

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
5	What makes a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What do we need to know as we get older?

## Year 5 overview

Key question	Topic	In this unit of work pupils will learn...	Resources/information
<b>Autumn 1</b> What makes a person's identity?	<u>Health and wellbeing</u>  Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes  PoS refs: H25, H26, H27, R32, L9	<ul style="list-style-type: none"> <li>• how to recognise and respect similarities and differences between people and what they have in common with others.</li> <li>• that there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes)</li> <li>• how individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex)</li> <li>• about stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others.</li> <li>• how to challenge stereotypes and assumptions about others.</li> <li>• <b>how some people hide/change/alter/edit their identity online and why</b></li> </ul>	<a href="https://www.bbc.com/ownit/the-basics/teachers-self-image-identity?collection=teachers">https://www.bbc.com/ownit/the-basics/teachers-self-image-identity?collection=teachers</a>
<b>Autumn 2</b> What decisions can people make with money?	<u>Living in the wider world</u>  Money; making decisions; spending and saving.  PoS refs: R34, L17, L18, L20, L21, L22, L24	<ul style="list-style-type: none"> <li>• how people make decisions about spending and saving money and what influences them.</li> <li>• how to keep track of money so people know how much they have to spend or save.</li> <li>• how people make choices about ways of paying for things they want and need (e.g. from current accounts/savings/store card/credit cards; loans).</li> <li>• how to recognise what makes something 'value for money' and what this means to them.</li> <li>• that there are risks associated with money (it can be won, lost or stolen) and how money can affect people's feelings and emotions.</li> <li>• Consider online spending / saving / gambling / scams / pop ups / competitions etc.</li> </ul>	<a href="#">Money Matters   KS2 Citizenship   Primary - BBC Bitesize</a>

<p><b>Spring 1</b> How can we help in an accident or emergency?</p>	<p><u>Health and wellbeing</u></p> <p>Basic first aid, accidents, dealing with emergencies</p> <p>PoS refs: H43, H44</p>	<ul style="list-style-type: none"> <li>• how to carry out basic first aid including for burns, scalds, cuts, bleeds, choking, asthma attacks or allergic reactions</li> <li>• that if someone has experienced a head injury, they should not be moved.</li> <li>• when it is appropriate to use first aid and the importance of seeking adult help.</li> <li>• the importance of remaining calm in an emergency and providing clear information about what has happened to an adult or the emergency services (and how to do this when you make a 999 call)</li> <li>• use of location apps like What3 words, GPS location, making emergency calls from mobile phones, ICE contacts saved etc.</li> </ul>	<p><a href="https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2--ks3-dr-emekas-essential-first-aid/zhtq8hv">https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2--ks3-dr-emekas-essential-first-aid/zhtq8hv</a></p>
<p><b>Spring 2</b> How can friends communicate safely?</p>	<p><u>Relationships</u></p> <p>Friendships; relationships; becoming independent; online safety</p> <p>PoS refs: R1, R18, R24, R26, R29, L11, L15</p>	<ul style="list-style-type: none"> <li>• about the different types of relationships people have in their lives.</li> <li>• how friends and family communicate together; how the internet and social media can be used positively.</li> <li>• how knowing someone online differs from knowing someone face-to-face.</li> <li>• how to recognise risk in relation to friendships and keeping safe.</li> <li>• about the types of content (including images) that is safe to share online; ways of seeking and giving consent before images or personal information is shared with friends or family.</li> <li>• how to respond if a friendship is making them feel worried, unsafe or uncomfortable (in real life and online).</li> <li>• how to ask for help or advice and respond to pressure, inappropriate contact or concerns about personal safety (in real life and online).</li> </ul>	
<p><b>Summer 1</b> How can drugs common to everyday life affect health?</p>	<p><u>Health and wellbeing</u></p> <p>Drugs, alcohol and tobacco; healthy habits</p> <p>PoS refs: H1, H3, H4, H46, H47, H48, H50</p>	<ul style="list-style-type: none"> <li>• how drugs common to everyday life (including smoking/vaping - nicotine, alcohol, caffeine and medicines) can affect health/wellbeing.</li> <li>• that some drugs are legal (but may have laws or restrictions related to them) and other drugs are illegal.</li> <li>• how laws surrounding the use of drugs exist to protect them and others</li> <li>• why people choose to use or not use different drugs.</li> <li>• how people can prevent or reduce the risks associated with them.</li> </ul>	<p><a href="#">What are medicines and drugs? - BBC Bitesize</a></p>

		<ul style="list-style-type: none"> <li>• that for some people, drug use can become a difficult habit to break.</li> <li>• how organisations help people to stop smoking and the support available to help people if they have concerns about any drug use.</li> <li>• how to ask for help from a trusted adult if they have any worries or concerns about drugs.</li> </ul>	
<p><b>Summer 2</b> What do we need to know as we get older?</p>	<p><u>Living in the wider world</u></p> <p>Careers; aspirations; role models; the future</p> <p>PoS refs: L26, L27, L28, L29, L30, L31, L32</p>	<ul style="list-style-type: none"> <li>• that there are a broad range of different jobs and people often have more than one during their careers and over their lifetime.</li> <li>• that some jobs are paid more than others and some may be voluntary (unpaid).</li> <li>• about the skills, attributes, qualifications and training needed for different jobs.</li> <li>• that there are different ways into jobs and careers, including college, apprenticeships and university.</li> <li>• how people choose a career/job and what influences their decision, including skills, interests and pay.</li> <li>• how to question and challenge stereotypes about the types of jobs people can do.</li> <li>• how they might choose a career/job for themselves when they are older, why they would choose it and what might influence their decisions.</li> </ul> <p>Life skills:</p> <ul style="list-style-type: none"> <li>• are children able to prepare themselves a snack, including making and buttering some toast for breakfast</li> <li>• instilling good routines, i.e. unpacking and packing their bags to ensure they have everything they need each day for school</li> <li>• ensuring they keep a clean and tidy bedroom, regularly changing their clothes and taking care of their belongings</li> </ul> <p>**this may change or be added to depending on the class/cohort</p>	<p><a href="#">Jobs and contributing   KS2 Citizenship   Primary - BBC Bitesize</a></p>